

# ★ SESSION 2 ★

## THE ACTIVE INGREDIENT

### ESTABLISH YOUR MINDSET

**Mindset 1: Kill** \_\_\_\_\_

**Mindset 2: Mine** \_\_\_\_\_

**Mindset 3: Work** \_\_\_\_\_

### DO YOUR HOMEWORK:

**Assignment 1: Be** \_\_\_\_\_ **Like God is** \_\_\_\_\_

*Questions:*

*Would your wife describe you as a patient person? If not, why not? How can you grow in patience?*

**Assignment 2: Be** \_\_\_\_\_ **like Christ is** \_\_\_\_\_

*Questions:*

*Would your wife describe you as tender? If not, why not?*

*How can you grow in tenderness toward your bride?*

**Assignment 3: Treat Your Wife as Your \_\_\_\_\_ Not Your \_\_\_\_\_**

*Does your wife know that you desire her help? If not, how can you better communicate that to her?*

*How often do you ask your wife for help?*

*Do you value your wife's opinion when making important decisions?*

**Assignment 4: \_\_\_\_\_ Quickly and Forever**

*Questions:*

*Do you spend time communicating your appreciation or displeasure to your wife for the things that she does for your family?*

*How quickly do you forgive your wife?*

*Do you keep a record of her wrongs and bring them up often to her?*

**Assignment 5: Bear the \_\_\_\_\_ of Spiritual Leadership**

**Questions:**

*How are you working to be seen as a trustworthy leader in your home?*

*Do you shut down emotionally or give up easily during difficult discussions?*

*How can you grow to lead spiritually, even during difficult decisions and arguments in your marriage?*

**Assignment 6: View Your Wife From God's \_\_\_\_\_**

**Questions:**

*Does your wife know that you desire to see her grow spiritually? If not, why not?*

*How often do you pray for your wife's walk with the Lord?*

*How can you increase your prayers with and for her? In what ways do you think this will help you to see her as God sees her?*

**Assignment 7: Resolve to Never \_\_\_\_\_**

**Questions:**

*In what ways are you practically fostering a sense of security for your wife in your marriage? Even if you would never give up on your marriage, do you find yourself giving up in other ways?*

*Regardless of your track record, how can you grow in your godly endurance to lead strong in all situations?*

## **APPLICATION QUESTIONS**

*If you asked your wife where you need to improve the most, when it comes to loving her well, what do you think she would say?*

*Discuss one practical way that you can love your wife better starting this week.*